If you have already set up your account, click here to open the Empower M.E. portal.

To activate your Empower M.E. Member Portal you will need your Member ID number located on the reverse side of your membership ID card. You can also contact the Front Desk at 785-623-5900 to get your ID number.

Setting Up Your Account

THE CENTER FOR
HEALTH IMPROVEMENT HAYSMED

Welcome to

Empower M.E.

Username

01234

Password

•••••

☐ Remember Username

→] Login

⊕ FORGOT USERNAME?

⊕ FORGOT PASSWORD?

Click here, www.ourclublogin.com/510682 to open the Empower M.E. portal.

Once you have opened the portal login, enter your member ID number in both the Username and Password space.

You will now be prompted to update your username and choosing a new password. In the Current Password space, enter your member ID number. Then enter your new password and confirm it to check that the passwords match.

Once you have entered your new password twice, click Save. You can now view the Empower M.E. portal.

- Change Username -

OPTIONAL STEP

FIRST TIME LOGGING IN?
Would you like to change your username?
Current Username:
C17237

Yes, I Want To Change

NO THANKS, CONTINUE

- UPDATE PASSWORD -

REQUIRED STEP
We take security very seriously and because of that, we have a few password rules:

- Must meet the requirements listed below the input box
- Must not contain your username
- Your 5 previous passwords cannot be used
- Cannot use the same password that was used in the last 6 months
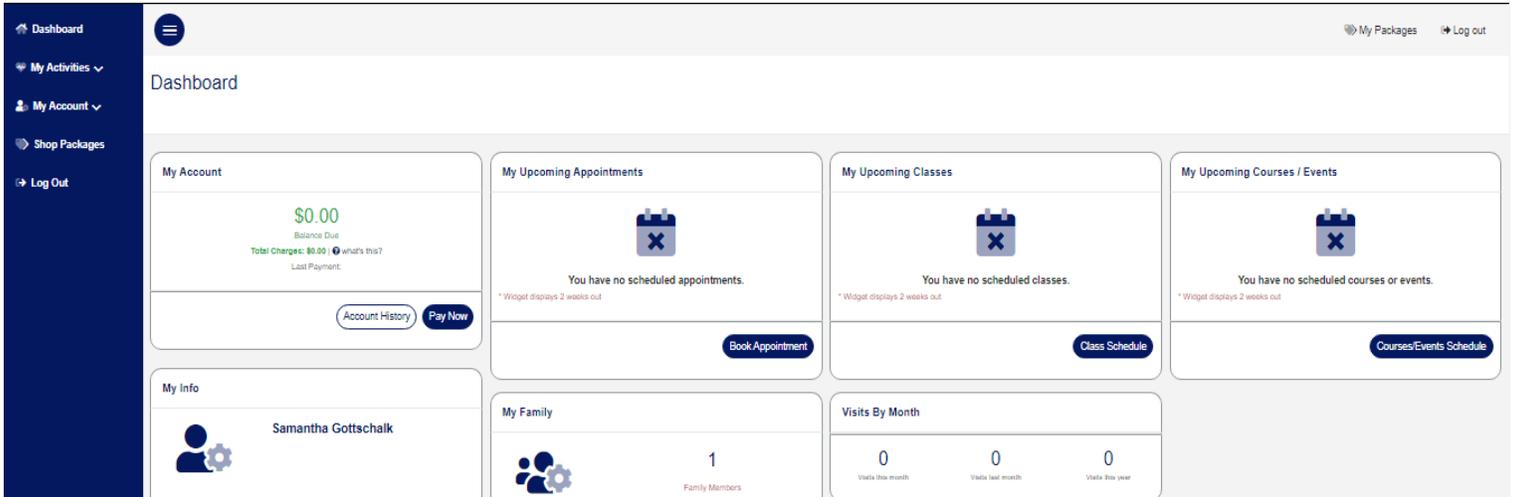
Current Password

••••••••

New Password

••••••••••

- ✔ 8 to 32 alphanumeric characters
- ✔ 1 lowercase letter
- ✔ 1 uppercase letter
- ✔ 1 number
- ✔ 1 special character
- ✔ No spaces
- ✔ Does not contain the word 'password'

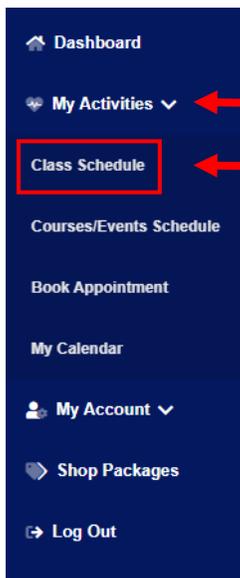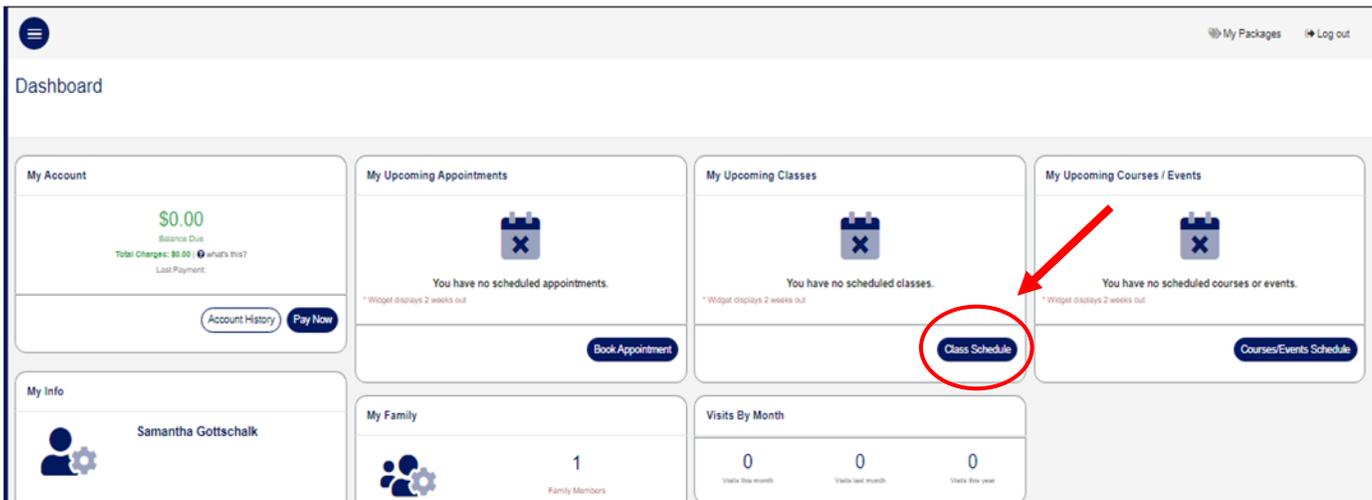**Confirm New Password** Passwords Match!

••••••••••

Save

You can now view the Empower M.E. portal.
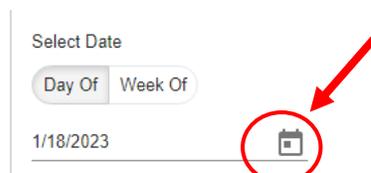

Enrolling in a Class

On the dashboard, under My Upcoming Classes, click on Class schedule.

OR

To view all the group fitness classes and sign up, click "My Activities" on the left side of the screen.

Filter classes based on the date with the calendar function.

Choose your class, then click "Sign Up" in the bottom right corner of the class pop-up.

Boot Camp

Class Instructor: **Morgan West**
Class Length: **60 min**
Date: **01/18/2023**
Time: **5:30 PM**

- CLASS DESCRIPTION -

A fast paced high intensity class. Boot Camp will be a mix of body weight exercises with interval and strength training. It will push you every time.

☑ Gottschalk, Samantha

Cancel   **Sign Up**

You will be redirected to the following screen. Click "Continue."

Gottschalk, Samantha
Payment Options

◉ **Pay Single Class Fee**
$5.00

Cancellation Policy

Please contact your club regarding the cancellation policy.

Cancel   **Continue**

Once you receive this confirmation receipt, you are signed up for the class! You should also receive an email confirmation.

THANK YOU FOR YOUR ORDER

The receipt # for this transaction is: 468

Print Receipt

Have fun!

Everything was processed and you are all ready to go.
Participants with a valid email address on file will receive a confirmation email with details of this purchase.
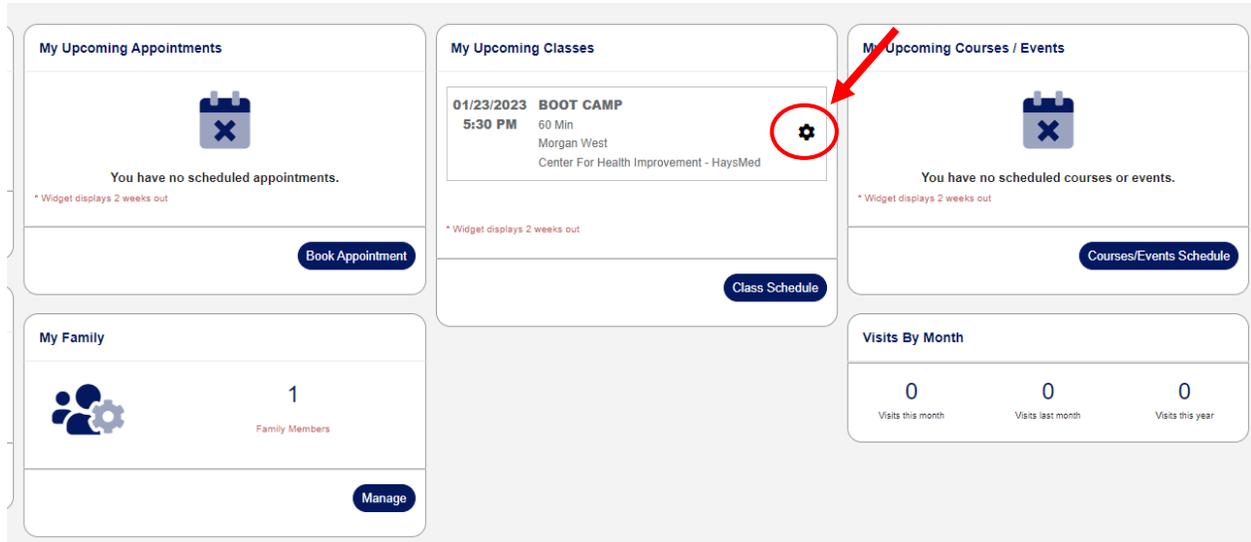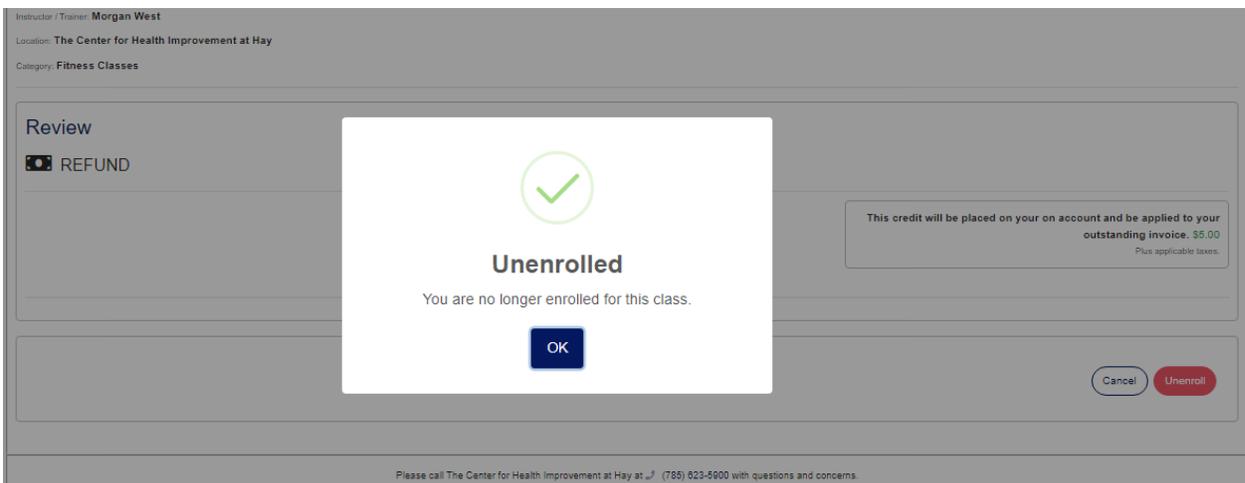
Dashboard

Classes

Courses / Events

Appointments

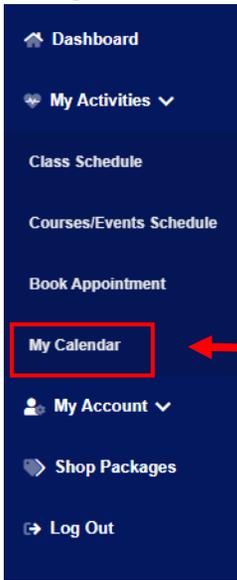# Canceling a Class Reservation

Option 1:
On the Dashboard, under My Upcoming Classes, click the black wheel, then click "Unenroll"

You will be asked to confirm your "Unenrollment" from the class. Once you see a confirmation, you have successfully unenrolled in the class.
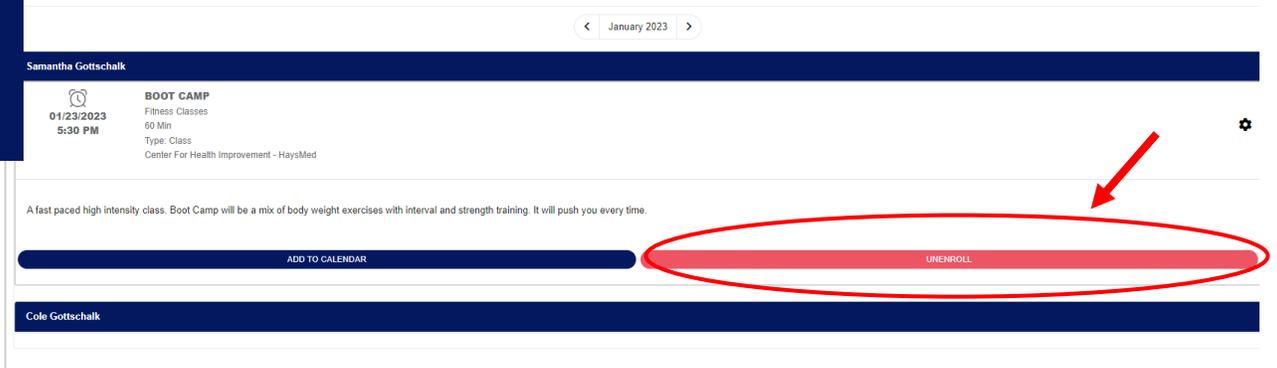
Option 2:

If you need to cancel a class reservation, click "My Calendar" under the "My Activities" on the left side of the screen.

Click "Unenroll" in the bottom right corner.

You will be asked to confirm your "Unenrollment" from the class. Once you see a confirmation, you have successfully unenrolled in the class.