



THE CENTER
for Health Improvement

Invest in Yourself!
Personal Training is not a luxury; it is a great investment in your health!



Personal Training



Adult Personal Training Fees

Please complete this form for each individual doing personal training.

Client: _____ Member: Y N Member/Guest #: _____

Partner (if applicable): _____ Member: Y N Member/Guest #: _____

Trainer: _____

ONE HOUR TRAINING

| Number of Participants | Number of Sessions | Total Package Price per person | Monthly Payment Plan per person | Number of Payments per person | Price per Session per person |
|------------------------|--------------------|-----------------------------------|------------------------------------|----------------------------------|---------------------------------|
| 1 | 5 | \$237.50 | \$118.75 | 2 | \$47.50 |
| 1 | 10 | \$450.00 | \$225.00 | 2 | \$45.00 |
| 1 | 20 | \$850.00 | \$283.33 | 3 | \$42.50 |
| 2 | 5 | \$155.00 | n/a | n/a | \$31.00 |
| 2 | 10 | \$297.50 | \$148.75 | 2 | \$29.75 |
| 2 | 20 | \$570.00 | \$190.00 | 3 | \$28.50 |

FORTY-FIVE MINUTE TRAINING

| Number of Participants | Number of Sessions | Total Package Price per person | Monthly Payment Plan per person | Number of Payments per person | Price per Session per person |
|------------------------|--------------------|-----------------------------------|------------------------------------|----------------------------------|---------------------------------|
| 1 | 5 | \$185.00 | \$92.50 | 2 | \$37.00 |
| 1 | 10 | \$350.00 | \$175.00 | 2 | \$35.00 |
| 1 | 20 | \$662.50 | \$220.83 | 3 | \$33.13 |
| 2 | 5 | \$130.00 | n/a | n/a | \$26.00 |
| 2 | 10 | \$250.00 | \$125.00 | 2 | \$25.00 |
| 2 | 20 | \$475.00 | \$158.33 | 3 | \$23.75 |

HALF HOUR TRAINING

| Number of Participants | Number of Sessions | Total Package Price per person | Monthly Payment Plan per person | Number of Payments per person | Price per Session per person |
|------------------------|--------------------|-----------------------------------|------------------------------------|----------------------------------|---------------------------------|
| 1 | 5 | \$131.25 | n/a | n/a | \$26.25 |
| 1 | 10 | \$250.00 | \$125.00 | 2 | \$25.00 |
| 1 | 20 | \$475.00 | \$237.50 | 2 | \$23.75 |
| 2 | 5 | \$97.50 | n/a | n/a | \$19.50 |
| 2 | 10 | \$187.50 | \$93.75 | 2 | \$18.75 |
| 2 | 20 | \$360.00 | \$180.00 | 2 | \$18.00 |

***NON-MEMBER GUEST FEES (in addition to package price): 5 Pack - \$25.00 10 Pack - \$50.00 20 Pack - \$100.00**
First time Non-Members will be required to have a Fitness Assessment: \$40

PERSONAL TRAINING POLICY:

- Personal training fees are non-refundable and non-transferable. Purchased sessions will have a 12 month expiration date.
- The Center for Health Improvement requires that clients give a minimum of 12 hours notice for appointment cancellations. Clients will forfeit missed appointments.
- Partner Training: All clients training with a partner are required to attend scheduled appointments. Clients will forfeit missed appointments. If one client attends then individual session fee will apply.

2500 Canterbury Drive
Hays, KS 67601
785.623.5900
www.haysmed.com/the-center/