



THE CENTER
for Health Improvement

Invest in Yourself!
Personal Training is not a luxury; it is a great investment in your health!



Under 18 Personal Training Fees

Please complete this form for each individual doing personal training.

Client: _____ Member: Y N Member/Guest #: _____

Partner (if applicable): _____ Member: Y N Member/Guest #: _____

Trainer: _____

Personal Training



ONE HOUR TRAINING

Number of Participants	Number of Sessions	Total Package Price per person	Monthly Payment Plan per person	Number of Payments per person	Price per Session per person
1	5	\$187.50	\$93.75	2	\$37.50
1	10	\$350.00	\$175.00	2	\$35.00
1	20	\$650.00	\$216.67	3	\$32.50
2	5	\$120.00	n/a	n/a	\$24.00
2	10	\$227.50	\$113.75	2	\$22.75
2	20	\$430.00	\$215.00	2	\$21.50

FORTY-FIVE MINUTE TRAINING

Number of Participants	Number of Sessions	Total Package Price per person	Monthly Payment Plan per person	Number of Payments per person	Price per Session per person
1	5	\$152.00	\$76.00	2	\$30.40
1	10	\$285.00	\$142.50	2	\$28.50
1	20	\$528.00	\$264.00	2	\$26.40
2	5	\$102.50	n/a	n/a	\$20.50
2	10	\$195.00	\$97.50	2	\$19.50
2	20	\$368.00	\$184.00	2	\$18.40

HALF HOUR TRAINING

Number of Participants	Number of Sessions	Total Package Price per person	Monthly Payment Plan per person	Number of Payments per person	Price per Session per person
1	5	\$106.25	n/a	n/a	\$21.25
1	10	\$200.00	\$100.00	2	\$20.00
1	20	\$375.00	\$187.50	2	\$18.75
2	5	\$77.50	n/a	n/a	\$15.50
2	10	\$147.50	\$73.75	2	\$14.75
2	20	\$280.00	\$140.00	2	\$14.00

***NON-MEMBER GUEST FEES (in addition to package price): 5 Pack - \$15.00 10 Pack - \$30.00 20 Pack - \$60.00**
First time Non-Members will be required to have a Fitness Assessment: \$40

PERSONAL TRAINING POLICY:

- Personal training fees are non-refundable and non-transferable. Purchased sessions will have a 12 month expiration date.
- The Center for Health Improvement requires that clients give a minimum of 12 hours notice for appointment cancellations. Clients will forfeit missed appointments.
- Partner Training: All clients training with a partner are required to attend scheduled appointments. Clients will forfeit missed appointments. If one client attends then individual session fee will apply.

2500 Canterbury Drive
Hays, KS 67601
785.623.5900
www.haysmed.com/the-center/