

What you need to know

A cardiac loop recorder is a device that continuously records your heart rhythm. It is also called an insertable cardiac monitor or implantable loop recorder. It is a small device, about the size of a small USB memory stick. It is implanted in your left chest area, just under the skin. The device records patterns of your heart's rhythm, called an EKG.

Insertion/removal of the recorder is done under local anesthetic and takes approximately 15 – 20 minutes. No general anesthesia or sedation will be used during this procedure.

The insertable loop recorder is used for patients who have occasional symptoms of fainting, light-headedness, weakness or abnormal heart rhythms. The recorder can be left up to 3 years. When a symptomatic episode occurs a pager-sized activator is placed over the recorder site and a button is pressed to activate the record.

Implant site care

- After insertion/removal you will either have one suture, or an adhesive glue called dermabond with steri strips. The dermabond adhesive will slough off with the steri strips. Please Do Not pull steri strips off.
- Keep your incision clean and dry. You may remove bandage and shower after 48 hours. Do not scrub site, carefully wash your site with soap and water. Pat site dry and keep area clean and dry until it is completely healed.

Return to activity

Most people can return to normal activities soon after the procedure. You will receive a device identification card after implant. Carry the device identification card at all times. The identification card will need to be presented if you were to have an MRI or go through a metal detector at an airport.

Device usage

Every night at midnight the home monitor device will search for you and download the information for the day. If you miss a day, the monitor will download the next midnight. If you will be out of town for more than a night, then your monitor device should be taken with you. This monitoring device will continuously download EKG throughout the day. Your loop recorder will come with a clicker remote. If you have symptoms, like syncope, dizziness, or irregular heartbeat, hold the remote up to your chest and press and hold the button until you hear it chirp (light will go from blue to green). This will check mark that moment on your heart EKG and tell the monitoring facility to go back to that specific time to look at your EKG.

Follow up with your cardiologist as directed

If you have a suture, you will return for a follow up appointment in one week for suture removal and site check. Contact your cardiologist if you feel weak, dizzy, faint or if you have a fever, chills, if the site is red, swollen or draining pus. Also notify the cardiologist if you observe the loop recorder device protruding from the procedure site. Continue to take your prescribed medication as ordered unless directed by the cardiologist otherwise.

If you have questions or concerns about your loop recorder insertion/removal site, or if your condition worsens, please contact your healthcare provider.

Questions

Please call the cardiology clinic at 785-625-4699.

Visit our website
using this QR code to
access videos about
your procedure.



Discrimination is Against the Law

Hays Medical Center complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Hays Medical Center does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Hays Medical Center provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

Hays Medical Center provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, contact the Director of Clinical Care Coordination at 785.623.5297, or the Operator at 785.623.5000.

If you believe that Hays Medical Center has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Chief Legal Officer
 Hays Medical Center
 2220 Canterbury Drive
 Hays, Kansas 67601
 Telephone Number: 785.650.2759
 TTY/TDD or State Relay Number: 800.766.3777 (V/T); or Dial 711
 Fax: 785.623.5524
 Email: joannah.applequist@haysmed.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Joannah Applequist, Chief Legal Officer, is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
 200 Independence Avenue, SW
 Room 509F, HHH Building
 Washington, D.C. 20201
 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

ATTENTION: If you speak a language other than English, language assistance services are available to you free of charge. Call 1-855-429-7633 (TTY: 1-800-766-3777).

SPANISH

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-429-7633 (TTY: 1-800-766-3777).

VIETNAMESE

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-429-7633 (TTY: 1-800-766-3777).

CHINESE

注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電1-855-429-7633 (TTY: 1-800-766-3777)。

GERMAN

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-855 429 7633 (TTY: 1-800 766 3777).

KOREAN

주의: 한국어 를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-855-429-7633 (TTY: 1-800-766-3777) 번으로 전화해 주십시오.

LAOTIAN

ໂປດຊາບ: ຖ້າວ່າທ່ານເວົ້າພາສາລາວ, ການບໍ່ລິການຊ່ວຍເຫຼືອ ທີ່ບໍ່ມີຄ່າພາສາ, ໂດຍບໍ່ເສັຽືອ ວ່າ,

ແມ່ນ ມີ ພ້ອມ ທີ່ ທ່ານ. ໂທ 1-855-429-7633 (TTY: 1-800-766-3777).

ARABIC

ملحوظة: بالمجان لك تتوافر اللغوية المساعدة خدمات فإن، اللغة اذكر تتحدث كنت إذا: ملحوظة 1-855-429-7633 (TTY: 1-800-766-3777).

TAGALOG

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-855-429-7633 (TTY: 1-800-766-3777)

BURMESE

သတိပြုရန် - အကယ်၍ သင်သည် မြန်မာစကား ကို ပြောပါက၊ ဘာသာစကား အကူအညီ၊ အခမဲ့၊ သင့်အတွက်

စီစဉ်ဆောင်ရွက်ပေးပါမည်။

ဖုန်းနံပါတ် 1-855-429-7633 (TTY: 1-800-766-3777) သို့ ခေါ်ဆိုပါ။

FRENCH

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-855-429-7633 (TTY: 1-800-766-3777).

JAPANESE

注意事項: 日本語を話される場合、無料の言語支援をご利用いただけます。1-855-429-7633 (TTY: 1-800-766-3777)まで、お電話にてご連絡ください。

RUSSIAN

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-855-429-7633 (телетайп: 1-800-766-3777).

HMONG

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-855-429-7633 (TTY: 1-800-766-3777).

PERSIAN (FARSI)

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با (TTY: 1-800-766-3777) تماس بگیرید. 1-855-429-7633

SWAHILI

KUMBUKA: Ikiwa unazungumza Kiswahili, unaweza kupata, huduma za lugha, bila malipo. Piga simu 1-855-429-7633 (TTY: 1-800-766-3777).

